



Meal of Love - Dinner

A hands-on volunteer opportunity where groups prepare and serve a meal for families staying at Ronald McDonald House® Orange County. Volunteers support the entire mealtime experience -from ingredient shopping to clean-up- helping create a warm, welcoming space for our guests.

Volunteer Requirements:

- Groups of up to 15 people
- Volunteers must be aged 14+ (adult supervision required for minors)
- [Liability waiver required for all participants and photo ID required for 18+](#)
- Closed-toed shoes required

Shift Details: 4pm-8pm

- 4pm-6pm: prep & cook
- 6pm-8pm: serve, pack leftovers & clean up

Planning & What To Expect: Contact the House 48 hrs in advance at 714-639-3600 to confirm number of guests to cook for and a pantry list of available items (to help reduce food waste)

- Groups must provide ingredients, paper goods, and utensils
- All meals must be cooked on-site, prepared in a commercial kitchen regulated by the health department, professionally catered, or store-bought, fully-prepared; homemade meals may not be served.

Please note that family attendance at meals are not guaranteed, as many may still be bedside with their child. Your support ensures that all families have a meal ready upon their return from the hospital.

Other Policies:

- **Health & Safety:** Volunteers may not participate if experiencing symptoms of a contagious illness. Many families have children with compromised immune systems, and exposure may complicate medical treatment or put their children at risk.
- **Photography:** The House is social media friendly (Find us on: Instagram, Facebook, LinkedIn)! You are encouraged to take pictures of your group and share information about the House. However, we ask that you respect our guests' privacy and do not take pictures of families.
- **Cancellations:** We understand that sometimes schedules change or complications arise that prevent you from participating. However, our families typically plan their meals and finances around a scheduled Meal of Love. If you need to cancel, please let us know as soon as possible at 714-639-3600. If a meal is cancelled within 48 hours or your group does not show up, a \$275 cancellation fee will be charged – this money will go directly to providing the families a dinner for that night.