

# GROWING POSITIVE BEHAVIOR IN OUR CAMPERS

**NAME WHIP: GO AROUND AND ASK EVERYONE TO SAY THEIR NAME AND GIVE ONE POSITIVE AFFIRMATION TO THEMSELVES.**

*What young people believe about themselves affects just about everything they do every day. This is true for us as adults too. "We are what we call ourselves" And what we believe about ourselves affects our choices. We act in ways that are consistent with our self-beliefs.*

*That leaves us counselors with a profound opportunity and responsibility, both to build great qualities in campers, and to help them "see" all the wonderful things about themselves! So for the next 20 mins were going to discuss how to identify and encourage positive behavior in our campers.*

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**HOW CAN OUR POSITIVE AFFIRMATIONS CONTRIBUTE TO A POSITIVE CULTURE AT CAMP? WHAT TYPES OF BEHAVIORS DO WE STRIVE TO MODEL AND DEMONSTRATE THIS WEEK?**

Popcorn some ideas around the group and let participants share

Possible answers/things to address that the group doesn't

- Praise often and specifically
- Put your 'adult coolness' aside; act silly, goofy and have fun
- Pick up litter, equipment and other things, even If you didn't cause the mess
- Limit side conversations to respect the facilitator
- Be on time; it is the respectful thing to do

What are some positive behaviors we want to help grow in our campers?  
(Popcorn answers again around the group)

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**ACRONYMS THAT HELP US MANAGE THESE BEHAVIORS**

**DLP** - How to phrase praise to be authentic and informative...

1. **Describe it:** tell what they did; it is a behavior worth recognizing in a person at their stage of development
2. **Label it:** this is the quality that the behavior demonstrates
3. **Praise it:** this shows that we appreciate it and we can explain why

Step One: Be specific about what we want to see

Step Two: Be more specific about what we say and when we see it

**NAME IT**

**N** – Name the behavior you see

**A** – Affirm the camper for that behavior

**M** – Make the connection to the behavior we want

**E** – Encourage More

But what do we do with undesired behaviors? - **A.I.R.B.A.G!**

**An Immediate Response:**

**Believability**

Be serious and give behavior your full attention

**Always act immediately upon undesired behaviors**

**Guidance**

Guide them to understand what undesired behavior was done and how to correct it

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**WRAPPING UP**

Modeling starts with us. We ask you to be vigilant in how you treat, speak and act towards others.

**YOU** set the tone for a positive camp culture.