



## Meals of Love

Meals of Love is an opportunity for individuals and groups to get involved with the Pasadena Ronald McDonald House by providing a home cooked meal for the children and families staying at the House. Groups typically cook at the House but they may also provide take out, or food purchased from a restaurant or store.

Come prepare a meal for families in one of our fully equipped kitchens. You would provide food for a maximum of 35 people, with a main course, side dishes and desserts; beverages are always welcomed (no alcohol).

Breakfast, lunch and dinner is always needed, maybe even a BBQ!

Cooking is done all on-site!

Providing comfort, care, and support to children and families in Pasadena.

Contact Us  
Operations Manager  
626-204-0401



Ronald  
McDonald  
House®  
PASADENA

# other ways to get involved

## volunteering

### **INDIVIDUALS:**

Help us support families by giving your time on a regular basis - weekly or monthly. Individual volunteers help us on a regular basis with light cleaning, organizing donations, yard work, and administrative tasks.

### **CORPORATE AND COMMUNITY GROUP VOLUNTEERS:**

Bring your coworkers, classmates, or friends together by providing meals, baking treats, creating special activities or by doing a day of service for the families staying at the House.

### **STUDENT VOLUNTEER INTERNSHIP INFORMATION:**

We offer a year-round internship program and invite high school or college level students to join us for a truly rewarding experience.

### **DONATE YOUR SERVICES:**

Do you represent a company and want to donate your services? Examples include cleaning, carpet cleaning, painting, maintenance, and cooking.

### **EVENT VOLUNTEERS:**

Help us by working one of our special events. Give us a call to see what big event we have planned!

For more information, or to get involved contact our Operations Manager at 626-204-0401 or via email at [PRMH-Volunteer01@rmhcsc.org](mailto:PRMH-Volunteer01@rmhcsc.org)

### **HOST A FUNDRAISER:**

The Pasadena Ronald McDonald House is able to help hundreds of families each year thanks to the generous support of individuals like you! If you are interested in hosting a fundraiser, would like ideas, have questions or need more information, please contact our Development Manager, at 626-204-0410 or via email at [PRMH-Development@rmhcsc.org](mailto:PRMH-Development@rmhcsc.org).



**Ronald  
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PASADENA

Still not sure how to help?

Take a tour!

Call: 626-204-0401

[PRMH-Volunteer01@rmhcsc.org](mailto:PRMH-Volunteer01@rmhcsc.org)

<http://rmhcsc.org/pasadena>