



Ronald
McDonald
House
PASADENA

Help From Home

SNACK PACK ASSEMBLY

Assembling Snack Packs is a great way to help Ronald McDonald House families from your home, school, or office. Families staying at our House are able to grab a pack on their way to the hospital to make sure they won't get hungry during the day. Engage your family, corporate team, or service group to gather snacks, assemble the packs, and deliver them to our House to be available for families!



Instructions

Please place the components of each Snack Pack in a quart-sized Ziploc bag. When handling items, please make sure to wear gloves and a mask. All items must be shelf-stable and have expiration dates at least two months in the future.

Supplies

Find these supplies on our [Snack Pack Wish List](#)

Fruit Serving (Choose 1)

- Individually packaged fruit cups
- Applesauce or fruit squeezes
- Jello or pudding cups

Beverage (Choose 1)

- Bottled water (8 oz.)
- Individual juice packs
- Small container of shelf-stable milk

Other Snack (Choose 2-3)

- Packages of nuts or trail mix (1 oz.)
- Granola bars
- Snack size bags of fruit snacks
- Snack size bags packs of cookies
- Boxes of raisins (1 oz.)
- Snack size bags of chips, popcorn, pretzels, or crackers
- Individual peanut butter packets (1.5 oz.)

Packaging

- [Quart-sized Ziploc bags](#)

Write a Note! Include a positive message of encouragement inside each Snack Pack to brighten a child's day.

For questions or to schedule your drop-off, please contact our Volunteer Coordinator at (626) 204-0401 or prmh-volunteer@rmhcsc.org

Delivery Address:

763 S. Pasadena Avenue
Pasadena, CA 91105